**LANSING INVITATIONAL EVENT DAY SCHEDULE**

**SCRATCHES AND SUBSTITUTIONS DUE BY 3:30 PM**

**FIELD EVENTS 4:00 PM**

4:00 Girls High Jump followed by Boys

4:00 Boys Pole Vault followed by Girls

4:00-5:00 Boys and Girls Long Jump

5:00-6:00 Boys and Girls Triple Jump

Open at 4:00, Closed at 5:30

Boys Shot Put followed by Girls Shot Put

Girls Discus followed by Boys Discus

4:00-5:00 Boys Javelin

5:00-6:00 Girls Javelin

**PRELIMINARIES 4:30**

Girls 100 Meter High Hurdles

Boys 110 Meter High Hurdles

Girls 100 Meter Dash

Boys 100 Meter Dash

Girls 4 x 800 Relay

Boys 4 x 800 Relay

Girls 200 Meter Dash

Boys 200 Meter Dash

**Dedication Ceremony of Naming the HS Track**

This will occur at the conclusion of the preliminaries.

**FINALS 6:30 or 30 minutes after the conclusion of the preliminaries**

Girls 4 x 200 relay

Boys 4 x 200 relay

Girls’ 100 Meter Hurdles

Boys’ 110 Meter Hurdles

Girls’ 100 Meter Dash

Boys’ 100 Meter Dash

Girls’ 1600 Meters

Boys’ 1600 Meters

Girls’ 4 x 100 Relay

Boys’ 4 x 100 Relay

Girls’ 400 Meters

Boys’ 400 Meters

Girls’ 300 Low Hurdles

Boys’ 300 Int. Hurdles

Girls’ 800 Meters

Boys’ 800 Meters

Girls’ 200 Meters

Boys’ 200 Meters

Girls’ 3200 Meters

Boys’ 3200 Meters

Girls’ 4 x 400 Relay

Boys’ 4 x 400 Relay

Medals and Scores